



Dear Parents and Students,

We welcome you to Dream....Believe...Dance!!! I am excited about the opportunity to get to know those of you that are new, as well as welcome back all my returning students. I am looking forward to a fun and productive new session.

My teaching philosophy stays the same. The student will have fun while learning the fundamentals of dance. My goal is for every child to find an appreciation and love for dance and

for every child to feel appreciated when they are dancing.

Our teaching staff has many years of experience not just in dancing, but in teaching. Our highly trained staff will make sure your dancers learn proper technique safely in a fun and caring environment.

Here are some things you'll need to know so all of us can have the best possible experience.

Parents will not be allowed to stay in the room during their child's class. You will be allowed to come in if the child needs you to change their shoes or if they need a bathroom break.

There will be designated parents' days where you will be invited in to observe and maybe even take part in the class. I want the children to be able to focus and learn. I generally leave the door to our room open so your child will still be visible to you if you are waiting in the foyer.

**TEARS:** It's possible your dancer may have a meltdown his/her first day of class (or two or three classes). Don't panic! This is normal, especially for our youngest dancers. It's important to have patience with our little ones. They may need mom or dad to sit in the classroom the first few weeks and that is OK! Your teacher will let you know if they feel it is best for you to stay. There are also times we may close the door and ask you to sit in the waiting area. Every child is different and may need different things to help them take that first step towards participating comfortably in class. Please be aware there is a camera in the room that can be viewed from the front desk if needed.

**ATTIRE** - The students may wear any color leotard and tights, bike shorts, leggings etc. However, it must be a dance outfit. If they would like to wear a tutu, I prefer that it be detachable, so the tutu can be removed when tumbling.

**SHOES** - Please have the required shoes by the third week of class. Specific shoes colors and styles are recommended below. Please be sure the laces for the ballet slippers are cut, so they do not keep coming untied. If you do not cut them, we will.

We recommend DC Dancewear to purchase shoes in person.

If you feel comfortable with ordering online

<https://www.dancewearsolutions.com>

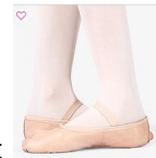
Or

<https://www.discountdance.com>



**HAIR** - must be pulled back! Please use a soft ponytail holder or hair accessories. A barrette on the top of someone's head doing a forward roll hurts....ouch!

**Gymnastics classes** - ballet slippers, gymnastics shoes or barefoot.



**Ballet** - Pink leather or canvas ballet slippers (satin slipper that look like ballet slippers will not be allowed)



**Tap** - beginners black Mary Jane style tap shoes



**Intermediate tap**- Black oxford tie style tap shoes



Lyrical/Contemporary classes – half sole turners tan



Jazz - Tan slip on jazz shoes -

Hip Hop – Black Hip Hop Sneakers



**PERFORMANCES:** We generally have a Spring Recital.

We also provide our performance classes with an additional community performance during Palmer days. We expect our dancers to participate at recitals and community performances. However, we understand that things come up and at times dancers are not able to attend. However, your child has worked really hard! One of the many amazing things that dance teaches a child is discipline. They deserve to have their hard work and dedication acknowledged. These life-lessons extend far beyond the studio too!

**MAKE UP CLASSES** – If your child misses a class, they may make up that class in another class that matches their ability level or age group. Please check with Miss Justine as to what class is available

**COMPETITION TEAM:** We currently have an award-winning competition team here at Dream...Believe ...Dance. Competition is not for everyone. However, if you have a goal oriented, competitive dancer who loves performing, this could be a great opportunity. If you are interested, please set up a time to talk to Miss Justine after class or feel free to email.

**CLASSROOM ETIQUETTE:**

***PLEASE DO NOT DROP OFF YOUR CHILD EARLY AND PLEASE BE ON TIME TO PICK YOUR CHILD UP.***

***Staff members cannot be responsible for your children left unsupervised before or after class time. Parents are required to come into the dance room to pick up their child.***

*STUDENTS MUST WAIT TO BE INVITED INTO THE CLASSROOM BEFORE ENTERING. Oftentimes classes run back-to-back leaving only 1 or 2 minutes for staff to take care of their personal needs. Do not send your child into the classroom before they have been invited in.*

*ABSOLUTELY NO GYMNASTICS OR RUNNING. We cannot allow unsupervised gymnastics or running during class time or in the waiting room. This is how injuries happen and they can easily be avoided with your help in enforcing the rules.*

*PLEASE VISIT THE RESTROOM BEFORE CLASS TIME.*

**Be informed:**

Anything you need to know will be posted on our Facebook page. It is **imperative** you follow that page for all information. <https://www.facebook.com/MissJustinesDanceClasses/>  
If you have any questions, please email me at [missjustine@dreambelievedance.com](mailto:missjustine@dreambelievedance.com)

**Recital**

Our 2022 Recital is tentatively scheduled for the weekend of May 14<sup>th</sup>/15<sup>th</sup> 2022. It will be held here at the Community Center. More info will be available later.

**Information**

To keep up with the latest information about classes, pictures, practice videos etc please follow us at **[www.facebook.com/MissJustinesDanceClasses](https://www.facebook.com/MissJustinesDanceClasses)**. Any information regarding cancellations, news, ideas etc. will be posted here first. You can also follow us on Instagram @dreambelievedanceofpalmer



Also, if you have any questions or concerns regarding the class, please contact me by e-mail ([missjustine@dreambelievedance.com](mailto:missjustine@dreambelievedance.com)) or through facebook message. I also welcome appointments to meet in person when I can be available.

Let's work together to make this the best year ever!

Miss Justine